

Summaries

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Summaries

THERAPEUTIC DRUG RANGES

CARBAMAZEPINE

4 to 12 mg/L (20 to 50 micromol/L)

PHENYTOIN

10 to 20 mg/L (40 to 80 micromol/L)

PHENOBARBITAL

15 to 40 mg/L

AMINOPHYLINE

10 to 20 mg/L (55 to 110 micromol/L)

THEOPHYLINE

10 to 20 mg/L (55 to 110 micromol/L)

GENTAMICIN

5 to 10 mg/L; pre-dose trough <2 mg/L

Endocarditis

3 to 5 mg/L; pre-dose trough <1 mg/L

LITHIUM

Lower end for maintenance and elderly
0.4 to 1 mmol/L

Acute episodes and relapse patients

0.8 to 1 mmol/L

VANCOMYCIN

10 to 15 mg/L

Endocarditis

15 to 20 mg/L

DIGOXIN

1 to 2 mcg/L

ENZYME INDUCERS

SCRAP GP

Sulphonylureas

Carbamazepine

Rifampin

Alcohol

Phenytoin

Riseofulvin

Phenobarbital

ENZYME INHIBITORS

SICKFACES.COM

Sodium valproate

Isoniazid

Imetidine

Etoconazole

Fluconazole

Alcohol

Chloramphenicol

Rhythmocytin

Sulfonamides

Iprofloxacin

Meprazole

Etronidazole

ANTICHOLINERGIC SIDE-EFFECTS

ABCD'S

Aggitation

Burred vision (dilated pupils)

Constipation

Dry mouth

Sedation of urine and sweating

SIDE EFFECTS OF LITHIUM

LITHIUM

Leukocytosis
Increased urination
Tremmors
Hypothyroidism
Increased thirst
Underactive memory (confusion)
Mothers (teratogenic)

ACE INHIBITOR CONTRAINDICATIONS

PARK

Pregnancy
Allergy/ angiodema
Renal failure
K⁺ Hyperkalaemia (>5.5)

SIDE EFFECTS OF MORPHINE

MORPHINE

Miosis (pin point pupils)
Out of it (sedation)
Respiratory depression
Pneumonia (aspiration)
Hypo-tension/ gonadism
Infrequency
Nausea
Emesis

SIDE EFFECTS OF AMIODARONE

LEG PANIC

Liver enzyme fluctuations
Emesis
Gynecomastia

Pulmonary fibrosis

Anormal thyroid function
Nausea
Interstitial lung disease
Corneal microdeposits

TERTOGENIC DRUGS

TERATO-WA

Thalidomide
Epileptic drugs (valproate and phenytoin)
Retinoid (vitamin A)
ACE inhibitors/ ARBs
Third element (Lithium)
Oral contraceptives/ hormones
Warfarin
Alcohol

RECORD KEEPING

Record	Time frame (yrs)
Private Rx	2
POM register (from last entry - fla)	2
POM-V and POM-VPS	5
PMR (after death of pt)	10
CD register (fla)	2
CD register with destruction record (fla)	10
CD requisitions and invoices	2
Responsible Pharmacist log	5
Stock handling invoices	6 tax
All specials and unlicensed medicines	5
Advanced services record	2

AGE LIMITS OF COMMON DRUGS

Most drugs are licensed for children aged 12 and above; some are an exception to that rule.

Preparation	Age
Lactulose	Birth
Ispaghula	6+
Bisacodyl tablets and suppositories	10+
Loperamide	12+
Pepto-bismol	16+
Ranitidine	3+
PPIs	18+
Colpermin (peppermint oil)	15+
Colofac (mebeverine)	18+
Buscopan (hyoscine)	6+
Kolanticon (dicycloverine)	12+
Alli (orlistat 60mg)	18+
Anusol	18+
Germoloids	12+
Anusol and Germoloid HC	18+
Corsodyl (chlorhexidine)	12+
Benzydamine mouthwash	13+
Bonjela	16+
Iglu	7+
Daktarin oral gel	4months +
Honey	1+
Pholcodine	6+
Codeine	18+
Nasal steroids	18+
Cetirizine tablets	6+
Cetirizine liquid	2+
Loratadine	2+
Chlorphenamine tablets	6+
Chlorphenamine liquid	1+
Kwells kids	4+
Kwells	10+
Stugeron (cinnarizine)	5+
Avomine and Phenergan (Promethazine)	2+
Joy-rides (hyoscine)	3+

Preparation	Age
Sumatriptan	18-65
Nytol	16+
Sominex	16+
Hedrin	6months +
Lyclear cream	2months +
Lyclear cream rinse	6months +
Ovex (mebendazole)	2+
Canesten	16+
Chloramphenicol	2+
Tranexemic acid	18+
Feminax ultra (naproxen)	15+
Hydrocortisone 1%	10+
Eumovate Eczema (0.05%)	12+
Benzoyl peroxide	12+
Zovirax	6+
Bazuka	6+
Terbinafine cream	16+
Selsun shampoo	5+
Loceryl (amorolfine 5%)	18+